

September Swimming

MONDAY				
7.00am	to	9.00am	General Session	Permanent
9.00am	to	10.00am	Over 60's	Permanent
10.00am	to	12.00pm	General Session	4th, 11th Only
12.00pm	to	2.00pm	Adults Only	Permanent
2.00pm	to	4.00pm	General Session	4th, 11th, 25th only
4.00pm	to	7.45pm	General Session	Permanent
7.45pm	to	10.00pm	General Session	Running All Month
TUESDAY				
7.00am	to	9.00am	General Session	Permanent
9.00am	to	10.00am	General Session	5th, 12th, 19th only
10.00am	to	12.00pm	General Session	12th only
12.00pm	to	1.00pm	Adults Only	Permanent
1.00pm	to	4.00pm	General Session	5th, 12th, 19th only
4.00pm	to	9.00pm	General Session	Permanent
9.00pm	to	10.00pm	General Session	Running All Month
WEDNESDAY				
9.00am	to	9.45am	Aqua	Permanent
10.00am	to	11.00am	Disabled	Permanent
11.00am	to	1.00pm	General Session	6th, 13th, 20th only
1.00pm	to	3.00pm	General Session	Running All Month
3.00pm	to	4.00pm	Female Only	Permanent
4.00pm	to	7.45pm	General Session	Permanent
THURSDAY				
7.00am	to	9.00am	General Session	Permanent
9.00pm	to	12.00pm	General Session	7th, 14th, 21st only
12.00pm	to	2.00pm	Adults Only	Permanent
2.00pm	to	4.00pm	General Session	7th, 14th, 21st only
4.00pm	to	9.00pm	General Session	Permanent
9.00pm	to	10.00pm	General Session	Running All Month
FRIDAY				
7.00am	to	9.00am	General Session	Permanent
9.00am	to	11.00am	General Session	8th, 15th
11.00pm	to	12.00pm	Over 60's	Permanent
12.00pm	to	1.00pm	Adults Only	Permanent
1.00pm	to	3.45pm	General Session	Running All Month
3.45pm	to	8.00pm	General Session	1st Only
SATURDAY				
9.00am	to	1.30pm	General Session	2nd Only
1.30pm	to	4.45pm	General Session	Permanent
SUNDAY				
9.00am	to	3.45pm	General Session	Permanent
<i>Sessions in light blue and black change regularly</i>				
<i>Sessions in dark blue and white are permanent sessions</i>				